

Food and water

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Keep a two-week supply of all basic foods on hand throughout hurricane season. Replace stored goods every six months.

Non-perishable foods you can collect now

- Canned and jarred meats and fish, such as tuna, chunky chicken or ham (Don't forget the can opener)
- Canned fruits (packed in juice, not in syrup)
- Canned vegetables
- Canned soups, stews and chili
- Powdered and/or evaporated milk
- Instant coffee, tea and cocoa
- Unsalted nuts
- Jelly and/or honey
- Peanut butter
- Powdered drink mixes (to make water more palatable)
- Fruit juices, vegetable juices, diet soft drinks
- Bouillon cubes
- Nonperishable pudding and gelatin
- Pet food

Items to add when a storm is approaching

Here are some items to buy when a storm is approaching to add variety to your emergency pantry:

- Bottled water
- Apples, lemons, bananas, oranges (all will keep several days at room temperature)
- Individual packaged servings of pudding, applesauce and diced fruit
- Individually packaged juices and drinks
- Raisins and other dried fruits
- Cheese spreads and cheese slices that don't need refrigeration
- Ready-made baby formula, not the powder or concentrate
- Baby food in jars
- Cookies, crackers or chips
- Small boxes of dry cereal
- Bread, muffins or bagels
- Summer sausage, pepperoni
- Condiments, including ketchup, mustard, onions, garlic, oil and vinegar (Virtually any condiment can spice up canned vegetables.)
- Ice